



# Model Curriculum

**QP Name: Assistant- Fruits and Vegetable Processing and Preservation (Divyangjan)-ID**

**QP Code: PWD/JSS/AFVPP/2022**

**QP Version: 1.0**

**NSQF Level: 2**

**Model Curriculum Version: 1.0**

**Expository: Intellectual Disability (E005)**

**Skill Council for Person with Disability | | Address: 501-City Centre, Plot No 5,  
Sector -12, Dwarka, New Delhi-110076**

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## Training Parameters

Sector	Jan Shikshan Sansthan
Sub-Sector	Fruits And Vegetables
Occupation	Fruits & Vegetables and Related Preservers
Country	India
NSQF Level	2
Aligned to NCO/ISCO/ISIC Code	NCO-2015/7515.9900
Minimum Educational Qualification and Experience	No formal education OR May require ability to read and write for some qualifications
Pre-Requisite License or Training	NA
Minimum Job Entry Age	15 Years
Last Reviewed On	30.06.2022
Next Review Date	30.06.2026
NSQC Approval Date	22.10.2024
QP Version	1.0
Model Curriculum Creation Date	30.06.2022
Model Curriculum Valid Up to Date	30.06.2026
Model Curriculum Version	1.0
Minimum Duration of the Course	535 hrs
Maximum Duration of the Course	535 hrs

## Program Overview

This section summarizes the end objectives of the program along with its duration.

### Training Outcomes

At the end of the program, the learner should have acquired the listed knowledge and skills.

- Sort and grade fruits, vegetables, nuts based on colour, size, appearance, feel and smell
- Process fruits and vegetables to produce jam, jelly and ketchup manually or mechanically
- Operate various mechanical or automated machineries for canning
- Prepare and process various fruits and vegetables manually or in machine-operated units for pickle-making
- Process fruits and vegetables to produce squash and juice manually or mechanically
- Plan, organize, prioritize, inspect, and calculate production requirements and maintain process parameters to achieve the desired quality and quantity
- Prepare baked products in artisan bakeries and patisseries, conforming to all quality standards as per standard operating procedures
- Operate oven and machineries/equipment
- Maintain process parameters to attain the desired quality and quantity
- Follow and maintain food safety and hygiene in the work environment
- Knowledge of working in a team
- Maintain work area and process machineries for production
- Use various techniques for production of pickle, murraba and paste
- Process fruits and vegetables to produce jam, jelly and ketchup manually or mechanically
- Adhere to necessary health and safety practices to ensure food safety and personal hygiene

### Compulsory Modules

The table lists the modules, their duration and mode of delivery.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
<b>Bridge Module</b>	<b>30:00</b>	<b>180:00</b>	<b>00:00</b>	<b>00:00</b>	<b>210:00</b>
Module 1: (Bridge Module): Personal Adequacy, Social Behavior and Communication	10:00	80:00	00:00	00:00	90:00
Module 2: (Bridge Module): Work Related Skills	20:00	100:00	00:00	00:00	120:00
<b>Bridge Module</b> <b>Organize for production</b> <b>NOS Version No.- 1.0</b>	<b>9:00</b>	<b>21:00+21:00</b>	<b>00:00</b>	<b>00:00</b>	<b>51:00</b>

<b>NSQF Level 2</b>					
Introduction	01:00	02:00+2:00	00:00	00:00	05:00
prepare & maintain work area	02:00	04:00+4:00	00:00	00:00	10:00
Understand importance of Vegetables & fruits in daily diet	01:00	02:00+2:00	00:00	00:00	05:00
Concept of Fruits and vegetable processing and preservation	05:00	10:00+10:00	00:00	00:00	25:00
Market Exposure	00:00	03:00	00:00	00:00	03:00
Produce pickles, chutney, puree, paste, sauce, ketchup, soups, dried vegetables NOS Version No.- 1.0 NSQF Level 2	10:00	20:00+20:00	00:00	00:00	50:00
Produce jam, jelly, candies, tutty fruity, marmalade, fruit pulps, chaat, custard NOS Version No.- 1.0 NSQF Level 2	10:00	20:00+20:00	00:00	00:00	50:00
Produce squash, juices, shakes and RTS NOS Version No.- 1.0 NSQF Level 2	10:00	20:00+20:00	00:00	00:00	50:00
Carry out packaging of products NOS Version No.- 1.0 NSQF Level 2	03:00	12:00+12:00	00:00	00:00	27:00
implement health and safety practices at workplace NOS Version No.- 1.0 NSQF Level 2  Practice entrepreneurial, numerical and book keeping(Mapped to FIC/N9005 v1.0) NOS Version No.- 1.0 NSQF Level 2	03:00	12:00+12:00	00:00	00:00	27:00
<b>Employability Skills for Persons with Disabilities (70 hours) PWD/N0501</b>	70:00	00:00	00:00	00:00	70:00



<b>NOS Version No. – 1.0 NSQF Level – 4</b>					
<b>Total Duration</b>	<b>145:00</b>	<b>390:00</b>	<b>00:00</b>	<b>00:00</b>	<b>535:00</b>

## Module Details

### Module 1: Personal Adequacy, Social Behavior and Communication Bridge Module

#### Terminal Outcomes:

- Demonstrate how to take care of daily routine activities, responsibility and safety of self and others
- Demonstrate knowledge of common places, people in the surrounding environment
- Demonstrate use of social courtesies towards elders and peers
- Discuss ways to manage various hazards

Duration: 10:00	Duration: 80:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>• Discuss the importance of personal grooming and hygiene</li> <li>• Identify designated area to keep personal belongings.</li> <li>• Identify potential safety hazards in the surrounding such as electrical switches/wires, sharp and pointed objects, etc.</li> <li>• Explain the difference between good and bad touch</li> <li>• Identify common places around home and workspace as, nearby market, dairy, pantry, office.</li> <li>• Explain general guidelines/norms regarding their rights and responsibility at workplace in context of their assignment/work profile.</li> <li>• Explain daily routine activities when asked using 2–3 words, sentences, or gestures</li> </ul>	<ul style="list-style-type: none"> <li>• Give self-introduction</li> <li>• Demonstrate proper meal time behavior/etiquette in public place, restaurants, Pantry</li> <li>• Demonstrate the use of social etiquette towards different people in different settings</li> <li>• Demonstrate ways to maintain privacy in public washrooms and changing rooms.</li> <li>• Practice simple first aid when required on self and others.</li> <li>• Demonstrate ways of raising an alarm when bullied, abused.</li> <li>• Demonstrate the ways of engaging in meaningful communication with others in various situations.</li> <li>• Demonstrate ways of making appropriate choice for themselves like Selection of outfit according to their own gender and age, selection of items of their choice from the Menu</li> <li>• Demonstrate ways of handling common safety hazards in the surroundings with care</li> </ul>
Classroom Aids	
Whiteboard and Markers, Chart paper and sketch pens, LCD Projector and Laptop for presentations	
Tools, Equipment and Other Requirements	
PCs/Laptops, Internet with Wi-Fi (Min 2 Mbps Dedicated), Visual Schedule, Picture Cards, Flashcards, Me Books, LCD TV, Projector, Smartphones, iPod, Noise LESS Earphones, Tablet/I-PAD, Laptop, etc.	



## Module 2 : Work Related SkillsBridge

### Module

#### Terminal Outcomes:

- Demonstrate basic work-related etiquettes.
- Demonstrate social emotional maturity at workplace such as problem solving, assistance seeking and others.
- Discuss the importance of practicing work ethics and standard norms.
- Demonstrate various forms of motor skills to perform physical activity in workplace.

Duration: 20:00	Duration: 100:00
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>• Demonstrate basic work-related etiquettes.</li> <li>• Demonstrate social emotional maturity at workplace such as problem solving, assistance seeking and others.</li> <li>• Discuss the importance of practicing work ethics and standard norms.</li> <li>• Demonstrate various forms of motor skills to perform physical activity in workplace.</li> </ul>	<ul style="list-style-type: none"> <li>• Demonstrate the execution of assigned task for a minimum Of 30 minutes methods</li> <li>• Demonstrate use of alternate method of executing an activity, when routine method does not work out e.g., using any other relevant and related equipment in case the equipment desired is not in stock etc.</li> <li>• Demonstrate the identification and selection of various items, raw materials and tools needed for work from vast array of options</li> <li>• Demonstrate the use of appropriate words/phrases/simple sentences/ gestures to respond to interact with peers, supervisors and other staff members</li> <li>• Demonstrate the use of a visual timetable while carrying daily activities at workplace</li> <li>• Demonstrate the use of common facilities (supervisor's office, account office, washroom, pantry, etc.) and services (tea, coffee maker, vending machines, etc.) in compliance with the rules of the organization.</li> <li>• Demonstrate ways to seek permission from seniors for a break in the middle of a task</li> <li>• Demonstrates the ability to shift to another task when one task is finished/ when prioritized by the supervisor.</li> <li>• Demonstrate ways to follow basic etiquettes at workplace</li> <li>• Demonstrate, in action when required the, ways for following simple protocols at work, e.g. request for leave</li> <li>• Demonstrate activities requiring hand and finger movements like latching the door, picking and carrying objects/equipment from one place to another, pouring water into a glass from the Jug etc</li> </ul>
<b>Classroom Aids</b>	
Whiteboard and Markers, Chart paper and sketch pens, LCD Projector and Laptop for presentations	
<b>Tools, Equipment and Other Requirements</b>	
PCs/Laptops, Internet with Wi-Fi (Min 2 Mbps Dedicated), Visual Schedule, Picture Cards, Flashcards, Me Books, LCD TV, Projector, Smartphones, iPod, Noise LESS Earphones, Tablet/I-PAD,Laptop, etc.	



## Module 3: Bridge Module

### Organize for Production PWD/N1512 V1.0

#### Terminal Outcomes:

- Introduction to JSS scheme
- Knowledge of scope of 'Assistant -Fruits and Vegetables Processing and Preservation'
- Discuss in brief about the sector and subsector of Food Processing
- Discuss role and opportunities available in the Food processing Industry

Duration: 01:00	Duration: 02:00+02:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>• Provide introduction to the JSS Scheme</li> <li>• Discuss significance of JSS scheme in skill development</li> <li>• Discuss the market trends and career growth opportunities available in the food processing industry</li> <li>• Summarize the role and responsibilities of Assistant -Fruits &amp; Vegetables processing &amp; preservation</li> <li>• List opportunities of income generation</li> </ul>	<ul style="list-style-type: none"> <li>• Create a flow chart of possible opportunities and progression as Assistant -Fruits &amp; Vegetables processing &amp; preservation</li> </ul>
<b>Classroom Aids:</b>	
Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster	
<b>Tools, Equipment and Other Requirements</b>	
<p>Utensils of convenient different including sizes, Gas/kerosene stove, Mixer/Grinder Juicer/Squeezer, Weighing machines up to 5 kg, Clay jars – glass containers, bottles Stainless steel forks, Spoons of different sizes- ladles , Lids, covers and caps to – Jars/ Bottles and peelers , Bowls, Stainless steel knife- different sizes + different purpose, Net and muslin(cloth and aluminum), Dustbin, Small wiper, Silver foil + Cling foil, Wax, Small towel 5-10m Stainless steel funnel/ glass tunnels of various sizes, Working table, Students book/ manual Board, Eraser, marker and Chalk, Teachers Table/ Chair, First Aid Box, Baskets/ Boxes for storing Kitchen towels, dusters, Measuring Spoons, Strainer Sieve- Stainless Steel of various sizes, Preservatives, Edible Colors essence, Fresh water, arrangement in the kitchen – Kitchen sink of Stainless-Steel, Audio-visual aids- Computer, Bar code Printer, Wooden, Silicon, Spatulas of different sizes, Chopping board, Labels, Refrigerator with freezer, Fruit grater, Lemon Squeezer Types of Knife – Cutting, Coring, pitting, peeling knife, Containers- Glass bottles, tin cans, far screw tepee, Sealing – Pouch Sealer, can cutter, Chemicals – Citric acid, salt, sodium hydroxide benzoate, acitic acid, essences, edible colour, vinegar, Furniture for Teacher, Students, Gloves, Apron, Head cap, Gas lighter, Working table with aluminum top, customized tools for candidates with intellectual Disability as per requirement</p>	

## Module 4: Prepare & maintain work area PWD/N1512 V1.0

### Terminal Outcomes:

- Arrange the materials and equipment for production of various products
- Describe the significance of cleanliness and sterilization of tools and equipment

<b>Duration: 02:00</b>	<b>Duration: 04:00+04:00</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>• Identify the tools and equipment used in cleaning the work area</li> <li>• Name the sterilizers and methods to sterilize the containers and utensils to be used.</li> <li>• Follow instructions to prepare standard sterilization solution</li> <li>• Identify and prepare equipment &amp; products required for the processing and preservation of the Fruits &amp; vegetables</li> <li>• Explain the process of cleaning the work area &amp; tools</li> </ul>	<ul style="list-style-type: none"> <li>• Demonstrate organizing the sterilized /disinfected equipment for the processing and preservation</li> <li>• Demonstrate waste disposal in the designated areas</li> <li>• Demonstrate use off &amp; maintenance of products and equipment as per guidelines and standard processes</li> <li>• Show the process of post-production cleaning of work area, tools, and equipment</li> <li>• Discard the rejected fruits and vegetables and other waste material as per SOP</li> <li>• Report information such as faulty tools and equipment to the concerned authority</li> </ul>
<b>Classroom Aids:</b>	
Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster	
<b>Tools, Equipment and Other Requirements</b>	
<p>Utensils of convenient different including sizes, Gas/kerosene stove, Mixer/Grinder Juicer/Squeezer, Weighing machines up to 5 kg, Clay jars – glass containers, bottles Stainless steel forks, Spoons of different sizes- ladles , Lids, covers and caps to – Jars/ Bottles and peelers , Bowls, Stainless steel knife- different sizes + different purpose, Net and muslin(cloth and aluminum), Dustbin, Small wiper, Silver foil + Cling foil, Wax, Small towel 5-10m Stainless steel funnel/ glass tunnels of various sizes, Working table, Students book/ manual Board, Eraser, marker and Chalk, Teachers Table/ Chair, First Aid Box, Baskets/ Boxes for storing Kitchen towels, dusters, Measuring Spoons, Strainer Sieve- Stainless Steel of various sizes, Preservatives, Edible Colors essence, Fresh water, arrangement in the kitchen – Kitchen sink of Stainless-Steel, Audio-visual aids- Computer, Bar code Printer, Wooden, Silicon, Spatulas of different sizes, Chopping board, Labels, Refrigerator with freezer, Fruit grater, Lemon Squeezer, Types of Knife – Cutting, Coring, pitting, peeling knife, Containers- Glass bottles, tin cans, far screw tepee, Sealing – Pouch Sealer, can cutter, Chemicals – Citric acid, salt, sodium hydroxide benzoate, acitic acid, essences, edible colour, vinegar, Furniture for Teacher, Students, Gloves, Apron, Head cap, Gas lighter, Working table with aluminum top, customized tools for candidates with intellectual Disability as per requirement</p>	

## Module 5: Understand importance of Vegetables & fruits in daily diet PWD/N1512 v1.0

### Terminal Outcomes:

- Identify of fruits and vegetables based on season and demand
- Discuss the importance of sorting and grading of Fruits and vegetables for their processing and preservation
- Summarize benefits of fruits and vegetables for human body

<b>Duration: 01:00</b>	<b>Duration: 02:00+02:00</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>• Identify the vegetables and fruits for the produce</li> <li>• Sort and grade the Fruits &amp; vegetables</li> <li>• Explain importance of washing and sterilization of fruits &amp; vegetables</li> <li>• Follow instructions to prepare standard sterilization solution</li> <li>• Wash the vegetables and fruits as per established standards</li> <li>• State the health benefits of including fruits and vegetables in daily diet in relation to the calorie and vitamin intake</li> </ul>	<ul style="list-style-type: none"> <li>• Demonstrate the process of sorting, grading, washing and sterilizing vegetable and fruits</li> <li>• Display chart with pics of vegetables and fruits along with the composition and health benefit</li> <li>• Demonstrate use off &amp; maintenance of products and equipment as per guidelines and standard processes</li> </ul>
<b>Classroom Aids:</b>	
Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster	
<b>Tools, Equipment and Other Requirements</b>	
<p>Utensils of convenient different including sizes, Gas/kerosene stove, Mixer/Grinder Juicer/Squeezer, Weighing machines up to 5 kg, Clay jars – glass containers, bottles Stainless steel forks, Spoons of different sizes- ladles , Lids, covers and caps to – Jars/ Bottles and peelers , Bowls, Stainless steel knife- different sizes + different purpose, Net and muslin(cloth and aluminum), Dustbin, Small wiper, Silver foil + Cling foil, Wax, Small towel 5-10m Stainless steel funnel/ glass tunnels of various sizes, Working table, Students book/ manual Board, Eraser, marker and Chalk, Teachers Table/ Chair, First Aid Box, Baskets/ Boxes for storing Kitchen towels, dusters, Measuring Spoons, Strainer Sieve- Stainless Steel of various sizes, Preservatives, Edible Colors essence, Fresh water, arrangement in the kitchen – Kitchen sink of Stainless-Steel, Audio-visual aids- Computer, Bar code Printer, Wooden, Silicon, Spatulas of different sizes, Chopping board, Labels, Refrigerator with freezer, Fruit grater, Lemon Squeezer, Types of Knife – Cutting, Coring, pitting, peeling knife, Containers- Glass bottles, tin cans, far screw tepee, Sealing – Pouch Sealer, can cutter, Chemicals – Citric acid, salt, sodium hydroxide benzoate, acitic acid, essences, edible colour, vinegar, Furniture for Teacher, Students, Gloves, Apron, Head cap, Gas lighter, Working table with aluminum top, customized tools for candidates with intellectual Disability as per requirement</p>	

## Module 6: Concept of Fruits and vegetable processing and preservation PWD/N1512 V1.0

Terminal Outcomes:

- describe the methods of fruits & vegetables preservation and processing
- identify ingredients and their combination for processing and preservation
- state advantages of preservation Vs Spoilage
- traditional and modern methods of preservation

Duration: 05:00	Duration: 10:00+10:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>• Recall the procedure of sampling to test the water quality and verification of water level</li> <li>• Explain how to inspect the vegetables and fruits for spoilage</li> <li>• Differentiate between the ingredients, products used for preservation in traditional /modern methods</li> <li>• Explain steps in processing of vegetables and fruits</li> <li>• Explain the steps and methods pf preservation of vegetables and fruits</li> <li>• Evaluate the traditional and modern methods of fruits and vegetables processing and preservation</li> </ul>	<ul style="list-style-type: none"> <li>• Show how to check the quality and level of water before washing the fruits and vegetables</li> <li>• Explain the process of peeling, cutting, deseeding</li> <li>• Exemplify the steps to prepare the brine solution and fermentation</li> <li>• Demonstrate canning, fermentation, freezing, pasteurization, smoking additives</li> <li>• Display traditional and modern preservatives</li> <li>• Test modern preservatives before use</li> <li>• Demonstrate process of drying, dehydration of Fruits and vegetables</li> </ul>
<b>Classroom Aids:</b>	
Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster	
<b>Tools, Equipment and Other Requirements</b>	
<p>Utensils of convenient different including sizes, Gas/kerosene stove, Mixer/Grinder Juicer/Squeezer, Weighing machines up to 5 kg, Clay jars – glass containers, bottles Stainless steel forks, Spoons of different sizes- ladles , Lids, covers and caps to – Jars/ Bottles and peelers , Bowls, Stainless steel knife- different sizes + different purpose, Net and muslin(cloth and aluminum), Dustbin, Small wiper, Silver foil + Cling foil, Wax, Small towel 5-10m Stainless steel funnel/ glass tunnels of various sizes, Working table, Students book/ manual Board, Eraser, marker and Chalk, Teachers Table/ Chair, First Aid Box, Baskets/ Boxes for storing Kitchen towels, dusters, Measuring Spoons, Strainer Sieve- Stainless Steel of various sizes, Preservatives, Edible Colors essence, Fresh water, arrangement in the kitchen – Kitchen sink of Stainless-Steel, Audio-visual aids- Computer, Bar code Printer, Wooden, Silicon, Spatulas of different sizes, Chopping board, Labels, Refrigerator with freezer, Fruit grater, Lemon Squeezer, Types of Knife – Cutting, Coring, pitting, peeling knife, Containers- Glass bottles, tin cans, far screw tepee, Sealing – Pouch Sealer, can cutter, Chemicals – Citric acid, salt, sodium hydroxide benzoate, acitic acid, essences, edible colour, vinegar, Furniture for Teacher, Students, Gloves, Apron, Head cap, Gas lighter, Working table with aluminum top, customized tools for candidates with intellectual Disability as per requirement</p>	

## Module 7: Market Exposure PWD/N1512 V1.0

### Terminal Outcomes:

<b>Duration: 00:00</b>	<b>Duration: 03:00</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>List opportunity and challenges in relation to the product</li> </ul>	<ul style="list-style-type: none"> <li>Submit a visit report based on the market survey</li> <li></li> </ul>
<b>Classroom Aids:</b>	
Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster	
<b>Tools, Equipment and Other Requirements</b>	
<p>Utensils of convenient different including sizes, Gas/kerosene stove, Mixer/Grinder Juicer/Squeezer, Weighing machines up to 5 kg, Clay jars – glass containers, bottles Stainless steel forks, Spoons of different sizes- ladles , Lids, covers and caps to – Jars/ Bottles and peelers , Bowls, Stainless steel knife- different sizes + different purpose, Net and muslin(cloth and aluminum), Dustbin, Small wiper, Silver foil + Cling foil, Wax, Small towel 5-10m Stainless steel funnel/ glass tunnels of various sizes, Working table, Students book/ manual Board, Eraser, marker and Chalk, Teachers Table/ Chair, First Aid Box, Baskets/ Boxes for storing Kitchen towels, dusters, Measuring Spoons, Strainer Sieve- Stainless Steel of various sizes, Preservatives, Edible Colors essence, Fresh water, arrangement in the kitchen – Kitchen sink of Stainless-Steel, Audio-visual aids- Computer, Bar code Printer, Wooden, Silicon, Spatulas of different sizes, Chopping board, Labels, Refrigerator with freezer, Fruit grater, Lemon Squeezer, Types of Knife – Cutting, Coring, pitting, peeling knife, Containers- Glass bottles, tin cans, far screw tepee, Sealing – Pouch Sealer, can cutter, Chemicals – Citric acid, salt, sodium hydroxide benzoate, acitic acid, essences, edible colour, vinegar, Furniture for Teacher, Students, Gloves, Apron, Head cap, Gas lighter, Working table with aluminum top, customized tools for candidates with intellectual Disability as per requirement</p>	

## Module 8: Produce pickles, chutney, puree, paste, sauce, ketchup, soups, dried vegetables PWD/N1513 V1.0

### Terminal Outcomes:

- Prepare vegetables and fruits for making pickle, chutney, puree, paste, ketchup etc
- Discuss methods of preparing pickle, chutney, puree, paste, ketchup etc

<b>Duration: 10:00</b>	<b>Duration: 20:00+20:00</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>• identify fruits and vegetables according to the recipe</li> <li>• Name the ingredients for making the Pickle, chutney, paste, puree, ketchup etc</li> <li>• Describe the process of de-skinning and de-seeding using various methods (peeling machine, lye solution etc)</li> <li>• Describe the method of preparing pickle, puree, paste, murabba etc</li> </ul>	<ul style="list-style-type: none"> <li>• Demonstrate process of selecting fruits and vegetables based on quality and grade (water content, shape, size, color etc)</li> <li>• Collect ingredients for making recipes (vinegar, oil, salt, sugar, dry masala's etc)</li> <li>• Illustrate the process of peeling and slicing using appropriate tools, equipment, and machines</li> <li>• Demonstrate the steps for preparing pickle, paste and puree, ketchup</li> </ul>
<b>Classroom Aids:</b>	
Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster	
<b>Tools, Equipment and Other Requirements</b>	
<p>Utensils of convenient different including sizes, Gas/kerosene stove, Mixer/Grinder Juicer/Squeezer, Weighing machines up to 5 kg, Clay jars – glass containers, bottles Stainless steel forks, Spoons of different sizes- ladles , Lids, covers and caps to – Jars/ Bottles and peelers , Bowls, Stainless steel knife- different sizes + different purpose, Net and muslin(cloth and aluminum), Dustbin, Small wiper, Silver foil + Cling foil, Wax, Small towel 5-10m Stainless steel funnel/ glass tunnels of various sizes, Working table, Students book/ manual Board, Eraser, marker and Chalk, Teachers Table/ Chair, First Aid Box, Baskets/ Boxes for storing Kitchen towels, dusters, Measuring Spoons, Strainer Sieve- Stainless Steel of various sizes, Preservatives, Edible Colors essence, Fresh water, arrangement in the kitchen – Kitchen sink of Stainless-Steel, Audio-visual aids- Computer, Bar code Printer, Wooden, Silicon, Spatulas of different sizes, Chopping board, Labels, Refrigerator with freezer, Fruit grater, Lemon Squeezer, Types of Knife – Cutting, Coring, pitting, peeling knife, Containers- Glass bottles, tin cans, far screw tepee, Sealing – Pouch Sealer, can cutter, Chemicals – Citric acid, salt, sodium hydroxide benzoate, acitic acid, essences, edible colour, vinegar, Furniture for Teacher, Students, Gloves, Apron, Head cap, Gas lighter, Working table with aluminum top, customized tools for candidates with intellectual Disability as per requirement</p>	

## Module 9: Produce jam, jelly, candies, tutty fruity, marmalade, fruit pulps, chaat, custard

PWD/N1514 V1.0

### Terminal Outcomes:

- Prepare fruits for making Jam, jelly, candies, custard, and fruit chaat
- List the various steps and processes for making Jam, jelly, candies, custard, and fruit chaat

<b>Duration: 10:00</b>	<b>Duration: 20:00+20:00</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>• identify fruits according to the recipe for making various type of fruit products</li> <li>• Discuss the raw material and requirement of tools/equipment</li> <li>• Explain the process of making Jam, Jelly, Candies, tutty fruity</li> <li>• Explain the process for making custard and fruit chaat</li> <li>• Discuss the standard techniques used for cleaning the tools and machines</li> <li>• Identify the kinds of waste produced and ways to dispose it as per SOP</li> </ul>	<ul style="list-style-type: none"> <li>• Demonstrate process of selecting fruits for quality and grade</li> <li>• Check working condition of tools, equipment, and machines</li> <li>• Demonstrate the process of pulping and extraction of juice from the fruits</li> <li>• Demonstrate the steps for preparing Jam, Jelly, candies, fruit chaat and custard</li> <li>• Demonstrate the process of cleaning the work area and machines after production</li> </ul>
<b>Classroom Aids:</b>	
Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster	
<b>Tools, Equipment and Other Requirements</b>	
<p>Utensils of convenient different including sizes, Gas/kerosene stove, Mixer/Grinder Juicer/Squeezer, Weighing machines up to 5 kg, Clay jars – glass containers, bottles Stainless steel forks, Spoons of different sizes- ladles , Lids, covers and caps to – Jars/ Bottles and peelers , Bowls, Stainless steel knife- different sizes + different purpose, Net and muslin(cloth and aluminum), Dustbin, Small wiper, Silver foil + Cling foil, Wax, Small towel 5-10m Stainless steel funnel/ glass tunnels of various sizes, Working table, Students book/ manual Board, Eraser, marker and Chalk, Teachers Table/ Chair, First Aid Box, Baskets/ Boxes for storing Kitchen towels, dusters, Measuring Spoons, Strainer Sieve- Stainless Steel of various sizes, Preservatives, Edible Colors essence, Fresh water, arrangement in the kitchen – Kitchen sink of Stainless-Steel, Audio-visual aids- Computer, Bar code Printer, Wooden, Silicon, Spatulas of different sizes, Chopping board, Labels, Refrigerator with freezer, Fruit grater, Lemon Squeezer, Types of Knife – Cutting, Coring, pitting, peeling knife, Containers- Glass bottles, tin cans, far screw tepee, Sealing – Pouch Sealer, can cutter, Chemicals – Citric acid, salt, sodium hydroxide benzoate, acitic acid, essences, edible colour, vinegar, Furniture for Teacher, Students, Gloves, Apron, Head cap, Gas lighter, Working table with aluminum top, customized tools for candidates with intellectual Disability as per requirement</p>	



## Module 10: Produce squash, juices, shakes and RTS PWD/N1515 V1.0

### Terminal Outcomes:

- Prepare fruits for making RTS-Squash, Juices and other Ready to Serve Drinks
- Discuss the process of producing Squash, Juice and other RTS drinks

Duration: 10:00	Duration: 20:00+20:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>• identify fruits according to the recipe for making various type of RTS drinks including squash and Juices</li> <li>• Discuss the raw material and requirement of tools/equipment</li> <li>• Explain the process of making Squash and Juices</li> <li>• Explain the process for various mocktails and shakes</li> <li>• List the quality parameters of squash and fruit juice.</li> <li>• State the methods for storing raw material for later use</li> <li>• Discuss the standard techniques used for cleaning the tools and machines</li> <li>• Identify the kinds of waste produced and ways to dispose it as per SOP</li> </ul>	<ul style="list-style-type: none"> <li>• Demonstrate process of selecting fruits for quality and grade</li> <li>• Check working condition of tools, equipment, and machines</li> <li>• Demonstrate the process of pulping and extraction of juice from the fruits</li> <li>• Demonstrate the steps of Pre-Extraction processes of fruits.</li> <li>• Demonstrate the method of clarifying fruit juice</li> <li>• Demonstrate the steps in preparing, squash, Juices, shakes and other RTS drinks as per standards</li> <li>• Demonstrate the process of cleaning the work area and machines after production</li> </ul>
<b>Classroom Aids:</b>	
Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster	
<b>Tools, Equipment and Other Requirements</b>	
<p>Utensils of convenient different including sizes, Gas/kerosene stove, Mixer/Grinder Juicer/Squeezer, Weighing machines up to 5 kg, Clay jars – glass containers, bottles Stainless steel forks, Spoons of different sizes- ladles , Lids, covers and caps to – Jars/ Bottles and peelers , Bowls, Stainless steel knife- different sizes + different purpose, Net and muslin(cloth and aluminum), Dustbin, Small wiper, Silver foil + Cling foil, Wax, Small towel 5-10m Stainless steel funnel/ glass tunnels of various sizes, Working table, Students book/ manual Board, Eraser, marker and Chalk, Teachers Table/ Chair, First Aid Box, Baskets/ Boxes for storing Kitchen towels, dusters, Measuring Spoons, Strainer Sieve- Stainless Steel of various sizes, Preservatives, Edible Colors essence, Fresh water, arrangement in the kitchen – Kitchen sink of Stainless-Steel, Audio-visual aids- Computer, Bar code Printer, Wooden, Silicon, Spatulas of different sizes, Chopping board, Labels, Refrigerator with freezer, Fruit grater, Lemon Squeezer, Types of Knife – Cutting, Coring, pitting, peeling knife, Containers- Glass bottles, tin cans, far screw tepee, Sealing – Pouch Sealer, can cutter, Chemicals – Citric acid, salt, sodium hydroxide benzoate, acitic acid, essences, edible colour, vinegar, Furniture for Teacher, Students, Gloves, Apron, Head cap, Gas lighter, Working table with aluminum top, customized tools for candidates with intellectual Disability as per requirement</p>	

## Module 11: Carry out packaging of products PWD/N1516 V1.0

### Terminal Outcomes:

- Discuss methods & techniques of bottling, pouching, canning and storage of products
- Discuss norms of FPO and registration with FSSAI
- 

<b>Duration: 03:00</b>	<b>Duration: 12:00+12:00</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>• Describe the techniques for storage &amp; preservation of products (canning, bottling, pouching)</li> <li>• State the steps for sealing and labelling</li> <li>• Follow the FPO norms for packaging of products</li> <li>• State the process of licensing and registration with FSSAI</li> <li>• Discuss the standard techniques used for cleaning the tools and machines</li> <li>• Identify the kinds of waste produced and ways to dispose it during packaging as per SOP</li> <li>• Describe the steps for registration and licensing with FSSAI</li> </ul>	<ul style="list-style-type: none"> <li>• Organize the workstation for Packaging</li> <li>• Demonstrate the process of canning, pouching, bottling as per FPO norms</li> <li>• Demonstrate the process of sealing &amp; labeling as per SOP and FPO norms</li> </ul>
<b>Classroom Aids:</b>	
Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster	
<b>Tools, Equipment and Other Requirements</b>	
<p>Utensils of convenient different including sizes, Gas/kerosene stove, Mixer/Grinder Juicer/Squeezer, Weighing machines up to 5 kg, Clay jars – glass containers, bottles Stainless steel forks, Spoons of different sizes- ladles , Lids, covers and caps to – Jars/ Bottles and peelers , Bowls, Stainless steel knife- different sizes + different purpose, Net and muslin(cloth and aluminum), Dustbin, Small wiper, Silver foil + Cling foil, Wax, Small towel 5-10m Stainless steel funnel/ glass tunnels of various sizes, Working table, Students book/ manual Board, Eraser, marker and Chalk, Teachers Table/ Chair, First Aid Box, Baskets/ Boxes for storing Kitchen towels, dusters, Measuring Spoons, Strainer Sieve- Stainless Steel of various sizes, Preservatives, Edible Colors essence, Fresh water, arrangement in the kitchen – Kitchen sink of Stainless-Steel, Audio-visual aids- Computer, Bar code Printer, Wooden, Silicon, Spatulas of different sizes, Chopping board, Labels, Refrigerator with freezer, Fruit grater, Lemon Squeezer, Types of Knife – Cutting, Coring, pitting, peeling knife, Containers- Glass bottles, tin cans, far screw tepee, Sealing – Pouch Sealer, can cutter, Chemicals – Citric acid, salt, sodium hydroxide benzoate, acitic acid, essences, edible colour, vinegar, Furniture for Teacher, Students, Gloves, Apron, Head cap, Gas lighter, Working table with aluminum top, customized tools for candidates with intellectual Disability as per requirement</p>	

## Module 12: Practice entrepreneurial, numerical and book keeping, implement health and safety practices at workplace

PWD/N1517 V1.0

PWD/N1518 V1.0

### Terminal Outcomes:

- Explain the ways to ensure Food safety and personal Hygiene at workplace
- Discuss steps of simple first Aid
- Discuss the importance of entrepreneurial and numerical skills
- Discuss the need of documentation and record keeping

Duration: 03:00	Duration: 12:00+12:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>• Discuss how to assess demand and supply of products/services in markets.</li> <li>• List the various available subsidies/loans through the government</li> <li>• Define the method to avail loan from the financial institutions.</li> <li>• Discuss the method of tracking prices prevailing in the market and formulate competitive pricing mechanism</li> <li>• Explain how to look out for new opportunities.</li> <li>• Maintain book of accounts.</li> <li>• Describe the need for documenting and maintaining inventory of raw materials, processes, and finished products</li> <li>• Document daily records in the ERP system effectively</li> <li>• Identify hazards and risks</li> <li>• List the various available health and safety equipment</li> <li>• Follow the FPO norms for packaging of products</li> <li>• State the process of licensing and registration with FSSAI</li> <li>• Discuss the standard techniques used for cleaning the tools and machines</li> <li>• Identify the kinds of waste produced and ways to dispose it during packaging as per SOP</li> <li>• Describe the steps for registration and licensing with FSSAI</li> </ul>	<ul style="list-style-type: none"> <li>• Show how to Work out the feasibility and viability of setting up micro enterprises.</li> <li>• Form appropriate marketing channels.</li> <li>• Demonstrate how to Comply with relevant regulations in marketing and sale of produce</li> <li>• Demonstrate how to deal effectively with all the stakeholders.</li> <li>• Demonstrate the method of documenting and recording the details of raw material to final finished product.</li> <li>• Demonstrate how to record in the ERP system effectively</li> <li>• Create requisition to obtain the various health and safety equipment</li> <li>• Demonstrate the process of canning, pouching, bottling as per FPO norms</li> <li>• Demonstrate the process of sealing &amp; labeling as per SOP and FPO norms</li> </ul>
<b>Classroom Aids:</b>	
Charts, Models, Flip Chart, White-Board/Smart Board, Marker, Duster	
<b>Tools, Equipment and Other Requirements</b>	

Utensils of convenient different including sizes, Gas/kerosene stove, Mixer/Grinder Juicer/Squeezer, Weighing machines up to 5 kg, Clay jars – glass containers, bottles Stainless steel forks, Spoons of different sizes- ladles , Lids, covers and caps to – Jars/ Bottles and peelers , Bowls, Stainless steel knife- different sizes + different purpose, Net and muslin(cloth and aluminum), Dustbin, Small wiper, Silver foil + Cling foil, Wax, Small towel 5-10m Stainless steel funnel/ glass tunnels of various sizes, Working table, Students book/ manual Board, Eraser, marker and Chalk, Teachers Table/ Chair, First Aid Box, Baskets/ Boxes for storing Kitchen towels, dusters, Measuring Spoons, Strainer Sieve- Stainless Steel of various sizes, Preservatives, Edible Colors essence, Fresh water, arrangement in the kitchen – Kitchen sink of Stainless-Steel, Audio-visual aids- Computer, Bar code Printer, Wooden, Silicon, Spatulas of different sizes, Chopping board, Labels, Refrigerator with freezer, Fruit grater, Lemon Squeezer, Types of Knife – Cutting, Coring, pitting, peeling knife, Containers- Glass bottles, tin cans, far screw tepee, Sealing – Pouch Sealer, can cutter, Chemicals – Citric acid, salt, sodium hydroxide benzoate, acitic acid, essences, edible colour, vinegar, Furniture for Teacher, Students, Gloves, Apron, Head cap, Gas lighter, Working table with aluminum top, customized tools for candidates with intellectual Disability as per requirement

## Module 13: Employability Skills for Persons with Disabilities (70 hours)

### Mapped to PWD/N0501

#### Terminal Outcomes:

- Introduction to Employability Skills
- Constitutional Values: Citizenship
- Becoming a Professional No. of Hours Page No. in the 21st Century
- Basic English Skills
- Communication Skills
- Essential Digital Skills
- Diversity and Inclusion
- Financial and Legal Literacy
- Career Development and Goal-Setting
- Customer Service
- Getting Ready for Apprenticeships and Jobs
- Disability Specific Skills
- Entrepreneurship

#### Introduction to Employability Skills      Duration: 3 Hours

After completing this programme, participants will be able to:

Explain the Importance of Employability Skills

List the benefits of e learning

Explore the Future of Work

#### Constitutional values - Citizenship      Duration: 2 Hours

2.1 Explain the Constitutional Values, including civic rights and duties, citizenship, responsibility towards society and personal values and ethics such as honesty integrity, caring and respecting others that are required to become a responsible citizen and its Guiding Principles, basic details of RPwD Act 2016, different types of disability, flagship schemes of the Department including Skilling, Scholarship, ADIP and UDID cards

2.2 Practice ways to Protect the Environment

#### Becoming a Professional in the 21st Century      Duration: 3 Hours

3.1 Discuss importance of relevant 21st Century Skills on Employability

3.2 Exhibit 21<sup>st</sup> century skills in personal & professional life about self-qualities including abilities & disability,

3.3 Describe the benefits of Critical Thinking and Decision-Making

#### Basic English Skills      Duration: 10 Hours

4.1 Discuss the importance of learning English

4.2 Describe words, objects, surroundings, and processes using adjectives

4.3 Illustrate benefits of being attentive during communication

4.4 Differentiate between response & questions

4.5 Use expressions appropriately to convey information to others

4.6 List different types of sentences

4.7 Apply punctuations appropriately in a sentence

4.8 Write simple sentences using correct words order

4.9 Read and understand Job descriptions to one's own skills & education

4.10 Write applications and cover letters in various contexts

#### Communication Skills      Duration: 5 Hours

5.1 Discuss importance of Communication, types, and characteristics of effective communication

5.2 Write letter, email, resume etc

5.3 Practice non-verbal communication appropriately in different contexts

5.4 Practice communication effectively (formal and informal)

5.5 Use text messaging for effective workplace communication

#### Essential Digital Skills      Duration: 10 Hours

- 6.1 Discuss significance of digital skills in everyday life/work
- 6.2 Recognize parts & functions of a computer & its operation with screen reader software
- 6.3 create MS Word file using all basic features
- 6.4 Discuss significance of Search Engines to find relevant information using keyboards
- 6.5 Operate Social Media platforms safely
- 6.6 Discuss significance of safe search and protection from cyber crime
- 6.7 Use Email effectively for sharing files and other documents
- 6.8 Explain ways to learn using Mobile Applications
- 6.9 Create meeting invite using Online Meeting Tools like google meet/Zoom
- 6.10 Explore Popular Sites for Learning and Career Growth

#### **Diversity & Inclusion**                      **Duration: 3 Hours**

- 7.1 Describe value of Diversity in the workplace
- 7.2 Support in creating Inclusive workplace
- 7.3 Follow Prevention of Sexual Harassment in the - Workplace [POSH]

#### **Financial and Legal Literacy**                      **Duration: 6 Hours**

- 8.1 Manage income and monthly expenditure
- 8.2 Understand processes & basics of banking like types of accounts, and doing transactions safely using passbooks, cheques, debit, and credit cards
- 8.3 Operate online banking and Digital Transactions
- 8.4 Make online payments securely
- 8.5 Make effective saving plans
- 8.6 Use policies and guidelines of the Government appropriately on requirement

#### **Career Development & Goal Setting**                      **Duration: 5 Hours**

- 9.1 Prepare oneself for the World of Work
- 9.2 Match Interests and Abilities with the choice of Career
- 9.3 Create a career pathway
- 9.4 Conduct Market scan for employment opportunities
- 9.5 Implement long term and short term goals in setting career

#### **Customer Service**                      **Duration: 5 Hours**

- 10.1 Provide services and build relationship with customer
- 10.2 Deal with different types of Customers
- 10.3 Identify Customer needs
- 10.4 Use simple techniques for communicating with Customers
- 10.5 Close Sales and take Customer feedback

#### **Getting Ready for apprenticeship & Jobs**                      **Duration: 10 Hours**

- 11.1 Maintain personal grooming and hygiene
- 11.2 Create resume
- 11.3 Prepare & follow up for an Interview
- 11.4 Decode Interviews in advance
- 11.5 Handle rejection and failure
- 11.6 Participate in Industry Visit: 1 Hour
- 11.7 Make reflections post Industry Visit
- 11.8 Register on portals (Urban company, Helpr, etc) to explore relevant Job opportunities
- 11.9 Apply for Jobs using Online Portals
- 11.10 Enroll as Apprentice on NAPS

#### **Disability Specific Skills**                      **Duration: 5 Hours**

- 12.1 Prepare for Livelihood Reality
- 12.2 Identify key abilities and perform at par with others
- 12.3 Create solution-oriented approach towards challenges/barriers
- 12.4 Exhibit skills to gain respect
- 12.5 Create a harmonious work environment at the Workspace

#### **Entrepreneurship**                      **Duration: 3 Hours**

13.1 Recognize the roles and

responsibilities of an entrepreneur

13.2 Differentiate between Self-Employment & Entrepreneurship

13.3 Conduct an effective Market Scan

## Annexure

### Trainer Requirements

Trainer Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
ITI/Certificate	NA	2	NA	NA	NA	He/She should have knowledge of equipment, tools, materials, safety, health & hygiene. He/She may also be well versed with the employability skills etc

Trainer Certification		
Domain Certification	Platform Certification	Disability specific Top Up training
Certified trainers from the NCVET recognized Awarding Body/ies	"Trainer", "MEP/Q2601", with scoring of minimum 80%.	The Inclusive Trainer should be certified in Disability Specific Top Up Training PWD/Q0101, v1.0 Trainer- PwD conducted by SCPwD with minimum accepted score of 80% as per SCPwD guidelines.



## Assessor Requirements

Assessor Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training/Assessment Experience		Remarks
		Years	Specialization	Years	Specialization	
Diploma	Food Tech or Food Engineering	NA	NA	NA	NA	NA
B. Sc./B. Tech/BE	Food Technology or Food Engineering	NA	NA	NA	NA	NA

Assessor Certification		
Domain Certification	Platform Certification	Disability specific Top Up training
Certified assessor from the NCVET recognized Awarding Bodies	“Assessor”, “MEP/Q2701”, with scoring of minimum 80%	The Inclusive Trainer should be certified in Multiple Disability Specific Top Up Training PWD/Q0101, v1.0 Trainer- PwD conducted by SCPwD with minimum accepted score of 80% as per SCPwD guidelines.

## Assessment Strategy

This section includes the processes involved in identifying, gathering and interpreting information to evaluate the learner on the required competencies of the program.

1. Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Each Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for each PC.
2. Each NOS will be assessed both for theoretical knowledge and practical
3. The assessment will be based on knowledge bank of questions created by the SSC.
4. Individual assessment agencies will create unique question papers for theory and skill practical part for each candidate at each examination/training centre
5. To pass the Qualification Pack, every trainee should score a minimum of 50% in every NOS
6. In case of successfully passing only certain number of NOS's, the trainee is eligible to take subsequent assessment on the balance NOS's to pass the Qualification Pack

## References

## Glossary

Term	Description
<b>Declarative Knowledge</b>	Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem.
<b>Key Learning Outcome</b>	Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application).
<b>OJT (M)</b>	On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site
<b>OJT (R)</b>	On-the-job training (Recommended); trainees are recommended the specified hours of training on site
<b>Procedural Knowledge</b>	Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective or psychomotor skills.
<b>Training Outcome</b>	Training outcome is a statement of what a learner will know, understand and be able to do <b>upon the completion of the training</b> .
<b>Terminal Outcome</b>	Terminal outcome is a statement of what a learner will know, understand and be able to do <b>upon the completion of a module</b> . A set of terminal outcomes help to achieve the training outcome.



## Acronyms and Abbreviations

Term	Description
QP	Qualification Pack
NSQF	National Skills Qualification Framework
NSQC	National Skills Qualification Committee
NOS	National Occupational Standards